# Palliative care referral form



An assessment by the palliative care team will aim to develop a management plan involving services that are appropriate to the patient's circumstance. Incomplete forms or absence of additional documentation will delay the process.

If the matter is URGENT, please telephone your local palliative care service.

## Criteria for eligibility and a guide for referral to a palliative care service

If patient does not meet the three criteria below, please discuss your case with your local palliative care service.

Patient has a progressive, life limiting illness

Patient or their decision maker is aware of, understands and has agreed to a palliative care referral

Primary goals of patient care are to control symptoms, maximise function, maintain quality of life and provide comfort

Patient information						
Name			DOB			
Address			Sex	Female	Male	
Suburb Postcode			Medicare no.			
Phone			Hospital/UR number (if relevant)			
Lives alone			Patient's current location			
Interpreter required/Language			Planned discharge date (if relevant)			
Indigenous status	Aboriginal	Torres Strait Island	der Bo	oth	Unknown	Neither
Essential contact - S	ubstitute Decision M	aker/Person Respons	sible (cross o	ut which o	ne does not ap	oply) <sup>1</sup>
Name			Phone			
Address			Relationship			
Suburb Postcode			To be present at assessment			
Primary contact - (le	eave blank if this is th	ne Substitute Decisio	n Maker or F	erson Res	ponsible)	
Name			Phone			
Address			Relationship			
Suburb Postcode			To be present at assessment			
Life limiting illness						
Primary diagnosis			Comorbidities			
Date of diagnosis						
Reasons for referral	- (please tick boxes	to indicate your mai	n reasons for	referral)		
The patient requ	ires a palliative care ass	sessment and provision	n of service in	formation		
Symptoms and/o	or concerns that exceed	I the capacity, resource	es, knowledge	or skills of	the primary car	e provider
Nausea	Gastrointestinal	Psychosocial	Counselli	ng	Spiritual	Functional
Pain	Neurological	Dyspnoea	Services/s	upport	Other	
Difficulty maintain	ning care at place of re	sidence				
Terminal care (pa	tient is in the last few v	weeks of life)				
Other						
	Maker - appointed under					

<sup>&</sup>lt;sup>1</sup> Substitute Decision Maker - appointed under an Advance Care Directive and includes medical agent/enduring guardian Person Responsibile - usually a close family member or friend.

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#### Additional information and documentation (including safety alerts)

Please ensure relevant detailed medical letters and results accompany this form.

Indicate attachments accompanying referral:

Medical correspondence Pathology results Current medication list Radiology results

Advance Care Directive Advance Care Plan Resuscitation Plan - 7 Step Pathway

Alerts\_

Patient is receiving cytotoxic therapy

Referrer and/or GP details						
Date of referral	GP same as referrer	Referrers preferred response				
Referrer name	GP name	Consultation				
Referrer phone	GP phone	Shared care				
Referrer address	GP address	Other				
Referrer signature	Provider no.					

Yes

GP participates in the GP Palliative Shared Care Program

#### Refer to

#### **Metropolitan Services**

Northern Adelaide Palliative Care

Phone: 8161 2499 Fax: 8161 2169

Central Adelaide Palliative Care

Phone: 8222 6825 Fax: 8222 6055

### Southern Adelaide Palliative Care

Phone: 8404 2058 Fax: 8404 2119

**Statewide Services** 

No

Paediatric Palliative Care

Phone: 8161 7994 Fax: 8161 6631

# **Country Services**

For metropolitan referrals to country, please direct to the **Country Referral Unit**.

For local referrals within country, please direct to the Country Referral Unit (preferred) or the relevant specialist palliative care service.

Country Referral Unit Phone: 1800 003 307 Fax: 1800 771 211

Adelaide Hills Palliative Care (Mt Barker)

Phone: 8393 1833

Please direct to the Country Referral Unit

Fax: 1800 771 211

Inner North Palliative Care (Barossa/Gawler)

Phone: 8521 2080

Please direct to the Country Referral Unit

Fax: 1800 771 211

Ceduna Palliative Care

Phone: 8626 2119 Fax: 8626 2190

Kangaroo Island Palliative Care

Phone: 8553 4231 Fax: 8553 4227 Lower North Palliative Care (Clare) Phone: 8842 6559 / 8842 6500

Fax: 8842 6590

Murray Mallee Palliative Care

(Murray Bridge) Phone: 8535 6800 Fax: 8535 6808

Naracoorte Palliative Care

Phone: 8762 8160 Fax: 8762 8164

Port Augusta Palliative Care

Phone: 1300 760 177

Direct phone (urgent): 8668 7706

Fax: 8668 7801

Port Lincoln Palliative Care

Mob: 0427 006 983 Fax: 8682 5831

Port Pirie Palliative Care Phone: 8638 1100 Fax: 8115 5734 Riverland Palliative Care (Barmera)

Phone: 8588 0435 Fax: 8588 0499

South Coast Palliative Care

(Victor Harbor) Phone: 0413 835 509

Please direct to the Country Referral Unit

Fax: 1800 771 211

South East Palliative Care (Mt Gambier)

Phone: 8721 1460 Fax: 8721 1461

Whyalla Hospital Palliative Care

Phone: 8648 8393 Fax: 8648 8479

Yorke Peninsula Palliative Care

(Wallaroo)

Phone: 8823 0289 / 8823 0270

Fax: 8823 2902

#### Instructions:

Once you have filled out the form, print and fax (do not email)

to the relevant palliative care service with additional information attached.

Information contained in this referral form may be private and also may be the subject of legal professional privilege or public interest. If you are not the intended recipient, any use, disclosure or copying of this document is unauthorised under the *Health Care Act 2008* and may attract a fine of up to \$10,000. If you have received this document in error, please inform the appropriate Palliative Care Service.



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